



Shabbos Zav / Shabbos Hagadol
March 23th and 24th / 8th Nissan

Friday March 23 rd	Shabbos Hagadol	Weekdays/Weeknights	Next Friday March 31 st Erev Pessach/Taanit Bechorim
Shacharis 6:30/6:34v7:10 am	Shacharis Vasikin 6:19 am Hashkama 7:15 am NS Shacharis 8:40 am Main Shul 8:45 am Bais Medrash 9:10 am Teen Minyan (414) 9:15 am	Shacharis Sun 6:31v/6:50/8:00/8:45 am Mon 6:20/6:29v/7:10 am Tue 6:27v/6:30/7:10 am Wed 6:26v/6:30/7:10 am Thu 6:20/6:24v/7:10 am	Shacharis/Siyum 6:20/6:21v/7:10/8:00 am
Candles 6:52 pm	SZKS 9:57 am Daf 7:45am/9:30am/5:20 pm	Mincha Sun 1:45, 7:00 pm Mon-Thurs 7:00 pm	Eat until 10:54 am Destroy before 11:57 am
Plag 5:53 pm Plag Mincha 5:38 pm Mincha NS (Bais Medrash) 6:50 pm Mincha 6:55 pm	Early Mincha 2:30 pm No NS Mincha Women's Drasha 4:50 pm Mincha 6:20 pm Followed by Drasha for Men and Women Maariv 7:53 pm Shabbos ends 8:01 pm	Maariv Mon-Thurs. after Mincha, 9:05, 10:00 pm NO SUNDAY 10 PM MAARIV	Candles 7:00 pm Mincha 7:00 pm
Repeat krias shema after 8:01pm			

President
Elie Konigsberg

FROM OUR RAV:

L'chvodchem hayikarim loy"t – Shalom rav uveracha merubah.

1st Vice President
Jonathan Landa

Shabbos Hagadol reminds us of the mesirus nefesh of the enslaved Jews of mitzrayim and the miraculous protection that rewarded their dedication. May our study of their parsha inspire us to greater dedication to doing what we need to do to speed up our geulah!

2nd Vice President
Simmy Friedman

Our Shabbos **Hagadol drasha follows mincha at 6:20pm** and will discuss The Mitzvah of Matzah. Mareh mekomos will be available in the lobby Friday night. For our **women** who thankfully cannot attend the drasha, we will have an earlier drasha in the shul at **4:50pm**.

Treasurer
Roni Schwartz

Seuda Shlishis, Shabbos Hagadol edition with **Rav Moshe Tzvi Weinberg will meet at 5:15pm at the Karasick home, 75 Thames Blvd.**

Gabbai
Dov Adler

We note with great sadness **the sudden and untimely petira** of one of the Torah personalities of Teaneck and one of the Roshei Yeshiva at Yeshiva University, **Rabbi Chaim Ozer Glickman** who embraced Torah with great enthusiasm and in equal measure **dedicated himself to talmidim** and all those who turned to him. May his family and talmidim be comforted among the mourners of Tziyon and Yerushalayim.

Board of Directors
Aviva Distenfeld

Mazel tov to **Yosef Warburg** who will be putting on tefilin for the first time this Sunday. Mazel tov to **Miriam and Rafi**. *Lech mecheil el cheil.*

Avi Glanzman

Mazel tov to **Sara Leah and Nachum Barishansky** on the Aufruf this Shabbos of **Gabriel** who is getting married to Shoshana Galbut, daughter of Adina & Brian Galbut of Boca Raton, FL. Mazel tov to Gabriel's grandparents, Sylvia and Jules Nachtigal and Marcia and Lenny Barishansky and Adina's grandparents, Rita and Robert Galbut and Marcia and David Jacobowitz. *Yaaleh hazivug yafeh veyivnu bayis neeman b'Yisrael.*

Moshe Insel

Uri Jacobs

Adam Mermelstein

Tsachi Meyers

Jonathan Schloss

Esther Shayowitz

Eric Teller

Sharon Wieder

Mazel tov to **Sophia and Isaac Mirwis** on the birth of a baby girl. *Tegadluha letorah lechupa ulemaasim tovim.*

Sisterhood
Rivkah Felman

Mazel tov to **Susan & Dr. Abbe Carni** on the birth of a grandson, born to Uri & Yedida Carni. *Tegadluha letorah lechupa ulemaasim tovim.*

Jessica Landa

Youth Director
Zac Schwartz

Mazel tov to **Lydia and Lyle Zuckier** on the birth of a granddaughter born to Shifra and Moshe Chait. Mazel tov to Great-Grandmothers Carla Rand and Minnie Zuckier. *Tegadluha letorah lechupa ulemaasim tovim.*

Shabbos hi milihinochem unechama kerova lavo. We extend birchas tanchumim to **Naomi Wohlberg** on the **petira of her father, Dr. Eric Teitz**. Naomi is observing shiva with her family in Israel through Sunday morning and will return upon the completion of the shiva.

Shabbos hi milihinochem unechama kerova lavo. We regret to inform you of the **passing of Mr. Abie Fogel, beloved husband of Mrs. Sunny Kornbluth Fogel**. Shiva is being observed through **Monday morning at 2000 Fountainview Drive, #3211 Monsey**. Please limit visiting to: 10am-12 noon, 2pm-4pm and 6pm-8pm.

Please pick up a copy of **Torah to Go** from our lobby which features an **article from Rav Tanchum Cohen**.

PESACH PREPS:

MECHIRAS CHAMETZ:

Motzai Shabbos 3/24 10:00 - 11:00 pm
Sunday 3/25 8:30 - 9:30 am / 8:00-9:00pm / 9:30-10:30pm
Monday 3/26 9:30 - 10:30 pm
Tuesday 3/27 8:00 - 9:00 pm / 9:30 - 10:00 pm
Wednesday 3/28 8:00 - 9:00 pm / 9:30 - 10:00 pm

Rav Cohen and I will be available during the following times for you to appoint us to sell your *chametz* this year. **If you are not available at these times, please call Rav Cohen or myself to arrange a time that works.** The **power of attorney was emailed** out to all. Please **read the accompanying instructions**.

MAOS CHITIM:

You can still **be a part of providing simchas yom tov** to the many people to whom I have already **distributed funds ranging from the local to the poor of Yerushalyim, from poverty stricken homes to hospital bed sides to foster homes to the bereaved and lonely**. Your involvement will be an important part of your *simchas yom tov* as we well know. I thank those who have and those who will - **thank you so much**. If you know of people who we can help prepare for Pesach - please let us know.

PESACH BULLETIN: Please refer to the email we sent you this week including the annual bulletin replete with kashering instructions, chametz selling times and instructions, product lists and yom tov schedules.

SHABBOS SHIURIM:

Daf Yomi (Avoda Zara 68): (i)7:45 am (ii) after Vasikin, (iii) 9:30 am and (iv) one hour before later mincha.

Following Hashkomo, everyone is invited to **learn bechavruso, or attend daf yomi, Rabbi Ross's Iyun b'parsha shiur or the Nach Chabura** with Jonathan Schloss.

Kedushas Levi shiur will take place at **8:20am in the main shul**.

WEEKDAY SHIURIM:

The Taanis shiur will resume iy"H after Yom tov.

Every Tuesday 12:30-12:55 PM - lunch-n-learn by conference call ([800-747-5150](tel:800-747-5150), access code 1259096#) - **each week is independent**. This week - final shiur on *machshava* of Pesach - **"Looking Ahead: Practical Takeaways from Az Yashir"**.

Wednesday machshava chabura will iy"h resume after Pesach.

Thursdays (1) at 8:15 pm- **Rabbi Preil's shiur** in the Bais Hamedrash, (2) at 9:00 pm: A **weekly shiur on Halacha L'Ma'aseh** issues brought to life today through the Teshuvot of Rav Moshe (3) after 10pm maariv, join a 20-minute chabura with your mikraos gedolos in the Bais Medrash.

Thank you to the following for sponsoring the learning and shiurim in shul for the upcoming week: **Elana and Yossi Cohn**, for a refuah sheleimah for Leora Chana bas Shulamis Nechama and **Yocheved and Nathan Lindenbaum** in memory of Yeshayahu ben Yisrael Lindenbaum, Nathan's father. For future sponsorships, email cbalearning@gmail.com.

SHUL NEWS:

To sponsor the siyum bechorim, please contact Shimmy Stein.

We will be cleaning the Shul this Sunday morning, March 25th, beginning at 9:30 am. Part of the clean-up will be going through the pews—any seforim that do not have a name in them will be removed and put on the table in the lobby. Any unclaimed seforim will be collected with Shaimos. To avoid any confusion or misplaced seforim, please remove any of your personal seforim before Sunday. The same goes for all unclaimed and unlabeled coats, jackets and hats in the wardrobe. They will be collected and donated. If you are available to help, please contact Elie Konigsberg at president@bethabraham.org or just show up after davening to help out.

There will be a garbage truck in Memorial Park Field on Friday 3/30 from 9:00 am-12:00 pm for CHAMETZ ONLY – no household garbage. Bergenfield residents only.

Overnight parking restrictions are lifted from Friday night 3/30 through the following Saturday night, 4/7.

FROM THE SISTERHOOD:

Let's continue our hospitality and sign up to be part of the Host The Members program <https://goo.gl/forms/eH86CmZpy0vsJcd03>. If you have any questions contact Linda Stamker 646-234-9900 or lindastamker@gmail.com.

FROM THE YOUTH DEPARTMENT:

Join us on March 25th for the Teaneck-wide Pre-Pesach Youth Program at Urban Air for Kindergarten through 4th Grade!! Located at 69 Wesley Street, South Hackensack, doors will open at 9:30am. \$25 ticket per child can only be purchased online at bit.ly/prepesach (please make sure to fill out the waiver as well) and includes special Urban Air socks as well as a yummy pizza lunch. Tickets are limited and tickets cannot be reserved. Book now!

Ice cream & Inspiration for Middle School Girls continues this week! Join us 10:30am Shabbos mornings in 11 Thames for a yummy ice cream party, loads of new friends to make and fun programs run by different inspirational speakers each week! Girls are strongly encouraged to join us beforehand for davening in the main shul. The program will start with kiddush.

Think you've got what it takes to be a group leader? The Youth Department is looking for teens who have experience working with kids and want to make a difference, pay is competitive. We are especially looking for 9th-12th grade boys who can work with our older groups, please contact Zac Schwartz at youthdirector@bethabraham.org if you interested in applying.

There will be NO DANCE CLASS this Sunday March 25. Our next class will be held after Pesach on April 22. The recital will take place on Sunday, April 29th at Care One at Teaneck, and our final class will be Sunday, May 13.

FROM THE TEEN DEPARTMENT:

The teen minyan continues to meet on Shabbos, at 9:15am at 414 New Bridge Road. The minyan is open to boys and girls in grades 8-12. This week's teen minyan hot kiddush has been generously sponsored by Bryan and Ora Alter in honor of the anniversary of Aryeh's bar mitzvah. If you would like to sponsor a future teen minyan kiddush please speak with or e-mail Avi Rosalimsky.

On Sunday, May 27th at the Camp Kaylie Campus (around 1:10h min. from Teaneck/Bergenfield), our teens will have the opportunity to run, climb, jump, crawl, and muscle their way through the extremely awesome and physically challenging 35 obstacle 5-mile obstacle course. The goal is to raise money for Ohel Bais Ezra, an organization that helps children and adults with disabilities, foster children, and children in 3 domestic violence shelters. We will be creating a Beth Abraham team of teens. Each teen that signs up will be committing to raise \$500 of sponsorships for Ohel. In order to join the Beth Abraham team, please visit the event's website at: <http://www.oheloxc.org> and click "register now." You will be asked to "join a team and register." Please make sure to join the "Beth Abraham teen program."

COMMUNITY NEWS, CHESSED, EVENTS & ANNOUNCEMENTS:

Bikur Cholim Bergen County (BCBC) is a volunteer run organization which provides support, facilities, and services to ease the burden of families during trying times. Their goal is to partner with families within the community to relieve some of the stress and effects of illness with confidentiality, care and concern. Some of their services include: medical equipment gemach, rides to and from local medical appointments, meals for families facing medical crises, and taxi service "with Shabbat arrangement". In addition, they provide weekday as well as Shabbat sleeping accommodations at and near Hackensack University Medical Center. They can be reached at 201-579-3066 or visit the website at bikurcholimbengencounty.org for a full list of services.

Rebbetzin Leah Kohn gives a weekly Monday morning 10am-11:15am shiur at 1510 Jefferson Street, Teaneck. Topic is Studies in Bamidbar.

Yael Weil's weekly parsha shiur continues on Wednesdays, at 10:30am and 8:30pm at Keter Torah.

Mrs. Chani Juravel is giving a mini series on "The Morning Brochos: The Mindset of Blessed Living" at Ohr HaTorah, on Thurs at 10am. Fee: \$10.

Tomchei Shabbos is once again collecting your free supermarket matzas at 421 Churchill Rd. until Sunday March 25th. Please drop them off in the side room adjacent to the driveway.

Rabbi Dr. Jacob J. Schacter will be speaking this Shabbat afternoon, March 24, 5:20pm at Rinat Yisrael Topic: Maaseh Avot Siman Le-Banim: Personal and National. This shiur is in memory of Rabbi Herschel Schacter, z"l.

Rabbi Michael Rosensweig will be speaking this Sunday morning, March 25 at 8:45am at Rinat Yisrael. The title is: Status and significance of תגית ת"י.

Women are invited to the second Genius Bar, a "reverse mentorship" program. Women and Ma'ayanot student mentors will work one-on-one to achieve the goals. No charge. The Bar has several menu options to choose from, incl. Google apps, MS Office, graphic design, iMovie, social media and general computing. Monday, March 26, 11:15 AM-12:20 PM at Ma'ayanot, 1650 Palisade Ave., Teaneck, NJ Sign up: <https://goo.gl/66UQUN> More info: <https://www.maayanot.org/event/genius-bar/> or contact rachelbook@gmail.com.

Rabbi Baruch Simon, Rosh Yeshiva at RIETS, will give a pre-Pesach shiur, "Eliminating Chametz: An Eternal Message," this Monday, March 26, at 8:15 p.m., at Congregation Beth Aaron. All are invited.

N'Shei Lev welcomes all Women to a Rosh Chodesh Women's Circle iy'H Monday, March 26th at 8 pm at the home of Ramona Elishis, 68 Westminster Avenue, Bergenfield. Rebbetzin Elyssa Hochbaum will share her warmth and inspiration with a shiur entitled "A Women's Foresight Makes it Right" while Sora Shaffren leads us in beautiful song.

All teens are invited to join New Jersey NCSY going to Six Flags on Tuesday Chol Hamoed Pessach (4/3)! The buses will be leaving from Teaneck around 9am. It cost \$72 including tickets and transportation. Register at <http://newjersey.ncsy.org>

The Jewish Community Council of Greater Teaneck invites you to the annual Yom Hashoa Commemoration on Wednesday, April 11, 2018 at 7:30PM at Teaneck High School. The event is free. Our keynote speaker is Moshe Avital, who was born in Bilke, a village in eastern Czechoslovakia. In 1939, Moshe was taken to the Ghetto Berhovo and then with his entire family to Auschwitz. Moshe endured transfers to six different camps and was eventually liberated at Buchenwald on April 11, 1945. Traveling illegally to Palestine, he joined the Haganah, and fought in the wars from 1947 to 1950 and in 1956. Moshe came to the U. S. to pursue his studies. His faith, courage, and the will never to give up are a remarkable story.

Project S.A.R.A.H 12th Annual Breakfast, Sunday April 22nd 2018, 9:30-11:30am, at Cong. Keter Torah. Honorees: Guests of Honor - Mark & Susan Wiesen; Rabbinical Supporter Award - Rabbi Michael & Bassie Taubes; Volunteer Recognition Award - Moshe & Dena Kinderlehrer. Keynote Speaker: Dr. Joyanna Silberg. The event is free, walk-ins are welcomed. Babysitting is available (please let them know in advance) as well as valet parking will be provided. For reservations: www.ProjectSARAH.org

What is addiction? How can we prevent it? What can we do to help those who struggle with this disease? Members of the Teaneck community, along with Amudim, invite you to join us for an evening of awareness and education about the growing epidemic of substance abuse and addiction within our community. This important event will be held on Sunday, April 22nd, 8 p.m. at Torah Academy of Bergen County, Teaneck, NJ, and is free of charge. Our goal is to increase public awareness and understanding, reduce the stigma associated with addiction, and encourage our community to focus on the issue and learn how to detect and prevent substance abuse. Speakers will include Rabbi Zvi Gluck, Director of Amudim, Rabbi Larry Rothwachs, Director of Professional Rabbinics at RIETS/Rabbi of Congregation Beth Aaron, Avi Shteingart, LCSW/CASAC, as well as a recovering addict and a local parent. Please join us.

This year's NORPAC Mission to Washington will take place on Wednesday, April 25. Advocate on behalf of the most pressing issues relating to Israel that are currently in front of Congress including foreign aid, countering Iran and Hezbollah and dealing with BDS. Go to www.norpac.net to register or call the NORPAC office at 201-788-5133. Children 12 and up are welcome with a parent.

If you have an announcement to add to the Shabbos announcement sheet e-mail it by 10 AM Thursday to: cba-announcements@yahoo.com
Important email addresses – cba-announcements@yahoo.com; cholim@bethabraham.org; president@bethabraham.org; administrator@bethabraham.org; youthdirector@bethabraham.org; bethabraham-subscribe@yahoo.com; teaneckshuls-subscribe@yahoo.com.

Beth Abraham Office Hours Mon, Thur 9:30AM-5PM, Tue 1-5 Wed 9-1, Fri 9:30-12:30 Tel: (201) 384-0434 / Fax: (201) 384-7407 Administrator– Claire Strauss